

*Dunbar Dementia Network SCIO
Minutes of the meeting of the trustees
held on the 1st November 2018 at 3.45 pm at 81 Countess Road,
Dunbar*

Present: Diana Greene, Lorna Bunney, Jo McNamara, Alasdair Swan

*Minutes of the previous meeting: These were approved
and will now be posted on the website. AS*

Matters arising:

*Work on a channel for donation is still o/s AS
Pension declaration of compliance is still o/s AS
Additional signature for Bank account is work-in-progress DG
Lorna's contract is to be issued AS
Scotrail grant application has been submitted
Awards for All grant application has been submitted*

*The need to review the Vulnerable Adult Policy was discussed
and Jo recommended that it be considered under
'empowerment', 'prevention',
'proportionality', 'accountability', and 'partnership'. A draft
policy will be discussed with the volunteers and reviewed at our
next meeting.*

*Consideration needs to be given as to how representatives of the
SCIO should react when, amongst other situations, -*

- 1. There is inappropriate behaviour or languages from adults;*
- 2. There are warning signals that carers or cared for are struggling; or*
- 3. Confidential information has been passed to indicate that all is not well.*

Carers Group review:

Co-ordinator's report on Winter activities -

*Thurs 1 Nov Anouska Woods from Be Green, Dunbar will
join us to present a cheque from Be Green, to be used to help
towards the cost of transport on a future group outing*

2 30 - 3 30 pm in Gibb Room 1 at the Bleachingfield Centre

Wed 7 Nov John Sparksman is arranging an indoor bowling session

Thurs 8 Nov Regular Meeting, 2 30 - 3 30 pm at the Bleachingfield Centre

Sat 10 Nov North Light Arts Tea Party & Exhibition 2-4 pm, Bleachingfield Centre

Thurs 15 Nov Regular Meeting, 2 30 - 3 30 pm at the Bleachingfield Centre

Thurs 22 Nov Regular Meeting

Thurs 29 Nov Christmas Crafts (1) with Beth, 2 30 - 3 30 pm

Thurs 6 Dec Christmas Crafts (2) with Beth, 2 30 - 3 30 pm

Thurs 13 Dec Group Christmas Lunch at Winterfield Golf Club

Fri 14 Dec Christmas wreath-making workshop with Rod & Lorna, Old Customer Service Area, Bleachingfield Centre 10 30 - 12 30. Mince Pies and Tea/Coffee served.

The Christmas Lunch will be held at Winterfield Golf Club on Thursday 13 December at 1 30 pm (Last meeting of the year). DDN has been chosen as one of the local community groups to be included in the next round of the Co op's Local Community Fund. Co-op members can choose to give their 1% (when spent on selected own-brand products and services) to us, which will help to fund an ongoing series of weekly Art Therapy Workshops in the future, ranging from creative writing sessions to painting, pottery and drawing. The Co op funding period will run for 12 months until 26 October 2019.

Much of the success of this scheme will rely on DDN promoting our group 'in store' and, to this end, Lorna plans to meet again with the local Co op Manager asap to discuss ways of working together. It will be very important for DDN to have a presence in the two stores (info boards if space permits/group members to

shake tins and promote the group generally/posters etc), and if 'something' can be put in situ before the Christmas rush, that would be ideal, and would maximise the potential income over the busy period).

**FIRST MEETING OF THE NEW YEAR WILL BE ON
10.1.19 - GIBB ROOM 1, 2 30-3 30**

Financial review:

The latest accounts have been circulated with the minutes.

If the current grant applications are successful the SCIO will be secure for the coming year but grant income is still needed to meet the strategic objectives of the charity.

There are early plans to have a Valentine's Day Soiree in the Be Green Shop.

DFEL:

DFEL is willing to accept help from DDN to make its calendar of events more accurate.

DFEL runs a Friendship Group in the Royal Macintosh once per month on a Friday morning but it does not want to publicise this as it is designed to give collective support to those who have been on the Memory Course. Clearly the DFEL request will be respected and others who have not been on the course will not be encouraged to attend the Friendship Group.

The DDN Website:

Consideration will be given to splitting "information links" away from "local activities". AS

More information is being sought to clarify what information about Sporting Memories could helpfully appear on the DDN website. DG

Ruth Hunter-Pepper's Zumba Gold could usefully be added to our website

Meeting Centres:

A recent review indicated that many of a Meeting Centre's activities are already being undertaken by Dunbar's Carers' Group.

If a group was to be set up between Dunbar/Haddington there will be two twin challenges to solve -

- 1. How is the new organization going to avoid losing all of the momentum built up by the existing organisations?*
- 2. How is the transport to be arranged between Dunbar and Haddington to get best use out of the Meeting Centre.*

The initial conclusion is that Dunbar does not have a large enough population to justify a Meeting Centre. There is National Lottery Funding available for the establishment of Meeting Centres but there is no point in pursuing this if it proves not to be right for Dunbar.

The principal gaps we need to explore as a SCIO are seen to be -

- 1. Stimulation work for those living with dementia;*
- 2. Help for the severely housebound*

In identifying the gaps the Board was advised to avoid "giving back to them what they have already got".

Advertising:

The posters at the Medical Centre and Bleachingfield will be refreshed with the new logo and fewer words. The need to make contact with the co-ordinator before turning up will still be included in the advert.

JM

Next meeting:

17th January 2019 13:45 at Countess Road