

Minutes DDN 8th August 2019

Present- Jo McNamara, Lorna Bunney, Diana Greene

Apologies- Alasdair Swan

1. Review previous minutes of 27th June 2019- minor modifications to wording made, now ready for posting on website

2. 19th Sep 2019 Dementia Awareness Event

Gibb Room

Discussion re main aim: to help people, who in their business, social or family lives come into contact with people living with Dementia, gain insight and understanding of the condition.

Publicity- plans to disseminate info using posters, web and networks agreed. (Lorna to supply Jo with contact at East Coast FM; Alasdair to consider contacting The Courier)

Refreshments- Lorna will approach Co-op's Alan Bulloch for support

Follow-up plans- Diana will work on an evaluation form, exploring why people came, whether the evening met their needs, and what follow up they might need, or want to offer.

DDN Leaflets to be available

3 .Co-ordinators report and policy issues:

Lorna's report detailing activities of the group since our last meeting, and all the related activities she has been involved in, had been previously circulated.

Lorna is being increasingly approached by various organisations to disseminate their emailed information to the Carer's group. We agreed with Lorna's solution of printing off one hard copy only, placed in a ringbinder and made available to all at Carer's weekly meetings, and kept in the Library Dementia Hub outwith meeting times, and encouraging Carers to get into the habit of checking the folder regularly.

Discussion of some items deferred to next meeting because of time constraints:

- 'professional' Carers attending with their clients- *discussion deferred*

- 'absent members'- when to offer their place to w/l –*discussion deferred.*

4. Vulnerable Adult policy and Risk Assessment

Jo- to make any tweaks needed to draft policy previously sent by Lorna, with a view to uploading to our website asap.

Jo- to explore how/costs involved in getting PVG check certificates for 3 regular volunteers

5. Waiting List- 2nd Carer's group.

There are now 6 people on Lorna's waiting list. There is concern that people who might benefit from the group are being deterred from making contact by the knowledge the group is full.

Lorna will discuss this with the Alzheimers Workers, who offer support for one year following a diagnosis of Dementia, but after this people may be at risk of little structured support.

We felt we've reached the time a 2nd group would be appropriate if funds allow.

Lorna would need a further 4 hrs/wk to support a 2nd group, totaling 10hrs/wk.

Lorna expects to be able to use Dunbar Library as an initial meeting place.

6. Post Code Lottery application

Jo is working on funding application, closing date next week. 2 Referees needed.

7. Sue Northrop email re '2nd conversation' and meeting centres

While appreciating Sue's desire to facilitate communication between people interested in dementia services locally, DDN trustees are struggling to find time to attend meetings, and are unconvinced that there is need for a Meeting Centre in Dunbar, given the range of activities and supports currently available here. *Diana* to draft an email to Sue Northrop explaining this, but asking for DDN to be kept informed.

8. Expanding the Board- do we need new recruits? *Discussion deferred to next meeting*

Date next meeting -4pm 12th Sep 2019 81, Countess Rd