

## DDN Minutes 12th March 2020

Present- Jo McNamara, Diana Greene, Lorna Bunney; Apologies – Alasdair Swan

1. Jan 23<sup>rd</sup> Minutes accepted- to be put on website

Matters arising:-PVG application pack has been applied for

### 2. Co-ordinators report

-Both Wednesday and Thursday Carers groups are going well.

-Lorna has lots of interactions and queries arising from postings on Facebook page, often not relevant to her role. Several enquiries from people wanting care for relatives with dementia, and this may be an area of unmet need in Dementia care. Lorna sign-posts as appropriate.

-Summer programme ideas are being developed. Several trips to Belhaven Community Garden have been put in the diary.

-Lorna confirms 10hrs/wk is currently sufficient to cover most of her Carer's gp Co-ordinator role and she is happy with this.

3. BOLD (Bringing Out Leaders in Dementia) training days are due to be held on occasional Mondays. Lorna has found previous BOLD training helpful and inspiring, and Trustees present felt re-imbursing Lorna for her time for training on these days would be appropriate. (The training is delivered free, so cost would be about 5hrs salary up to 5times/year).

### 4. Meeting Centres/DFEL/LAP Health and Wellbeing Board

Latest dfel newsletter again states that people want a Meeting Centre (MC) in Dunbar. DDN Trustees are concerned that any MC should not undermine the many non-stigmatising, dementia-friendly groups and activities currently available in Dunbar. It would be good to understand what is being proposed and what evidence of need is available.

-Jo to enquire of Helen H when next MC discussion is due with a view to JM or DG attendance.

-Diana to contact M Huddleston about MC thoughts and D Café developments.

-It might be helpful to invite Sue N to a DDN Trustees meeting to discuss ideas with her.

### 5. Dunbar Surgery Data Collection

Frances Rollerson confirmed in January there's no current Dementia Lead at the Surgery.

Frances advised that a major data collection survey was planned- (which is possibly now underway or completed). This should identify the number of people with Dementia (and other important conditions), along with what services already exist and where the gaps are.

Surgery PPG Health and Well Being Group,(Clive Chatwin, supported by Terry Prior, Maggie McCole and Richard Copland) are leading on this.

-Diana to liaise with Frances/Clive to seek information from the survey, especially about numbers diagnosed with Dementia and perceived gaps in services and support.

### 6. DDN leaflet- print and electronic versions

100 updated leaflets were provided by Jo. Lorna will distribute to Carer's groups, and Libraries in Dunbar and East Linton. Diana to liaise with Clive Chatwin re most effective way to distribute leaflet at Surgery.

Jo to send electronic version to Lorna and Diana.

Website will also need updating – Lorna agrees to try to do this.

### 7. Finances

-Alasdair presented healthy Feb accounts before his absence on holiday

- Dunbar Grammar School groups have expressed interest in supporting DDN, but whether we'll be successful in securing the 3k grant waits to be seen. Even if not the process of engaging with the school Fayre and youngsters was considered well worthwhile.

#### 8. Coronavirus

-Agreement to keep in touch about the evolving situation and guidance concerning Covid-19, to ensure Carer's group members are kept as safe and supported as possible while keeping to current advice, mindful of the need to protect staff and volunteers too.

-Today at the Carer's group meeting Lorna discussed the subject 'lightly', with agreement not to hug etc, on greeting each other and provide soap/hand gel.

Date of next meeting- 7th May 4pm