

## **Minute of the meeting of the trustees of Dunbar Dementia Network SCIO held on 11<sup>th</sup> November 2020**

**Present** – Diana Greene, Alasdair Swan, Jo McNamara, Lorna Bunney.

**The Minutes of the meeting held on 8<sup>th</sup> October 2020 were approved.**

### **1 Matters arising -**

1.1 Enquiries have yet to be made as to whether we can get statistics on the number of website hits each month. **AS**

1.2 The following guidance has been received from Disclosure Scotland.

Dunbar Dementia Network exists to provide both regular and special support to those caring for others who are living with dementia or related conditions’.

The organisation provides activities/support for both carer/responsible person and cared for. As the carer/responsible person is always in attendance for these activities, they are deemed as ‘responsible’ for the cared for. Any volunteers partaking in events would not be eligible to access a PVG disclosure check.

Going forward, if things were to change within the organisation . If the carer/responsible person was encouraged to ‘take a break’, ‘have a coffee’ at another part of building and the volunteer’ was then partaking in activities with the cared for, they would then be eligible to access a PVG disclosure check.

### **2 Co-ordinator’s report**

2.1 The IT project has been a great success with twelve households showing that they are able to communicate with each other at the same time. The project is on-going and growing.

2.2 A Chromebook is needed to enable the breakout groups, and this will be procured. **AS**  
The iPads are ideal for the breakout group participants.

2.3 Carers still have support needs when hit by bereavement. Loneliness is a real problem, particularly in these pandemic times. This has been a time of real sadness within the group.

2.4 It was agreed that “Supporters” will be recognised in the group, often ex-carers, who are able to empathise with present carers in a supportive capacity, while receiving comfort and company from the group in a supported capacity.

- 2.5 The Wednesday and Thursday groups have blended well during the pandemic and the current plan is to return to the Thursday meeting day with a consolidated meeting.
- 2.6 It is recognised that there is likely to be a flood of new referrals as soon as the pandemic restrictions are lifted. The Wednesday group will be re-activated if and when required.
- 2.7 The Volunteers will be holding a social Zoom meeting in December to brainstorm ideas for 2021. A more formal meeting with the trustees will be arranged in early 2021 to maintain the connection with the important group of volunteers. **DG**
- 2.8 The Cookery Book project is progressing well, and thanks were extended to Dunbar Community Council for supporting the printing of this book through the Dunbar Local Priorities Fund. Lorna Hill's contribution has been invaluable, and the trustees expressed their gratitude to her. It is expected that the book will retail at £5 and there will be an initial print run of 100 copies. Proceeds will go to the work of the charity.
- 2.9 The Christmas programme was approved (together with its associated costs). Lorna was congratulated on developing ideas to overcome the barriers imposed by the pandemic, and it was noted with approval that the programme is inclusive, recognising the important roles played by the volunteers and supporters.
- 2.10 A box of craft materials will be purchased from Hobbycraft. Two Zoom workshop sessions will be held to produce Christmas cards and Christmas decorations.
- 2.11 A Christmas afternoon tea will be organised, respecting the current pandemic restrictions
- 2.12 The website has been updated and has attracted some very positive feed-back

### **3 Finance**

- 3.1 The October accounts had been circulated
- 3.2 Thanks were extended to the Life Changes Trust, Baillie Gifford – Foundation Scotland and Dunbar Community Council for their generous grants to support the charity's activities.
- 3.3 The grant application to the Amos Trust remains outstanding **LB**
- 3.4 Lorna kindly offered her services on the IT project as a part of her existing paid hours

- 3.5 It was agreed that Emma would be paid as a contractor for the hours she has worked on the project. The trustees were hugely appreciative of her offer to work pro bono, but the project has been such a success, and the funds are available to recognise the value of her work, that it is right to pay her accordingly.

**LB/AS**

#### **4 Dementia Network**

- 4.1 Link workers have found life to be challenging in the current Covid restrictions.
- 4.2 Michael Huddleston has flagged up that we should expect many referrals for people looking for post diagnostic support. He has started up a small walking group.
- 4.3 There is a need to stay close to any movements around the Day Centre.

**DG**

#### **5 Date of next meeting**

20 January 2021 4 p.m.