

Minute of the meeting of the trustees of Dunbar Dementia Network SCIO held on 20th January 2021

Present – Diana Greene, Alasdair Swan, Jo McNamara, Lorna Bunney.

The Minutes of the meeting held on 11th November 2020 were approved.

1 Matters arising -

- 1.1 The minutes will be published on the website. **AS**
- 1.2 The volunteer Zoom meeting has yet to take place, if required.

2 Covid restrictions and its impact

- 2.1 Full lockdown has been imposed this month. It has had severe impact on both this group and on society as a whole. Avenues of comfort are blocked for so many.
- 2.2 Many members have had their first Covid vaccination. This provides an element of hope.
- 2.3 The Zoom meetings have maintained the group's awareness of each other. Everyone is learning, with a feeling that everyone is in this journey together. Zoom meetings are never going to take the place of the face-to-face meetings at Bleachingfield. However, the break-out groups have proved to be a great help.
- 2.4 Tailored support is being given to non-Zoom members.

3 Co-ordinator's report

- 3.1 The report had been circulated prior to the meeting.
- 3.2 Lorna confirmed that the more isolated members received extra phone calls and the occasional use of Messenger. Help is tailored to particular needs and includes helping them to get outside for walks, and helping with shopping
- 3.3 The invitation to the volunteers to meet via Zoom with the trustees will be issued. This will provide the trustees with the opportunity to express their appreciation and to hear of the volunteers' experiences. However the meeting will only be convened if the volunteers feel that it would be helpful. **LB**
- 3.4 The Cookbook project has been a great success, raising funds for the charity.

- 3.5 Training hours are to be noted and will be paid hours if they fall outwith the ten hours per week. It will be beneficial to remain in the loop with other dementia-related groups. **LB**

4 What if

- 4.1 Sustaining Dunbar is seeking ways in which the outdoor environment can help groups such as ours.

5 Jenny Coldfield

- 5.1 Clarity is needed to establish the remit for the Day Centres for older people in East Lothian.

6 Connecting Communities

- 6.1 Jo attended the DFEL meeting on 14th January 2021
- 6.2 Understanding the range of projects proved to be useful, and keeping communications going with contacts was positive.
- 6.3 There was no talk at the meeting on Hubs or Meeting Centres.
- 6.4 Golf was suggested as a befriending exercise which might provide respite for carers.

7 Website

- 7.1 The traffic is consistent and indicates that the website is used.
- 7.2 The website is invaluable when raising funds, as it demonstrates that the charity is well governed with openness about all of its general and financial activities.
- 7.3 The Virgin Money Giving Donate button needs to be available so that supporters can donate efficiently when they feel so moved to do so.
- 7.4 Facebook will remain the most accessible form of communication for the charity.

8 Financial review

- 8.1 The December financial report had been circulated before the meeting.
- 8.2 The generous grant from the Amos Trust was acknowledged.

9 Funding for Group activities

- 9.1 The review of the current funding confirmed that Lorna should feel free to press ahead with all of her ideas, acknowledging that this pandemic may bring in additional costs if the charity is to meet the needs of its members.
- 9.2 It was agreed that the charity should have no major problem raising money for specific future group activities, if funds run low, as these are easier to seek grant funding for.

10 Date of next meeting

Wednesday 3rd March 2021 4 p.m.