

34. Minutes DDN Trustees 5pm 11th August 2022 Zoom

Apologies AS.

Present LB, JM, DG

1. Minutes last meeting 19th May 2022 were approved, ready for publication on DDN website

1.2 Meeting Centre (MC) Update- Discussions are ongoing, and Sue Northrop is due to meet DDCSG members to give an update at the group meeting 2.30pm Thursday 15th September. Trustees are invited to attend if possible.

JM, DG,AS

Kirsty McCluskie is also due to give a MC update to DDCSG members by Zoom.

1.3 Reprinting fliers re 'Dementia friendly activities in Dunbar' was discussed but not felt appropriate at this time. To review in 6 months.

2. Coordinators report

2.1 Lorna's report had been circulated prior to the meeting. This described many group activities, including a summer programme of several enjoyable outings. Lorna notes the increasing frailty of the group which will need to be taken into consideration planning future outings and risk assessments. If Lorna needs more physically robust Volunteers to help with an outing she is encouraged to approach Trustees for help.

2.2 Publicity: People hear about the group from a variety of sources-eg Link workers at GP Surgery, Dunbar-online Facebook or DDCSG Facebook page, word of mouth, DDN Banners (due to be located at GP surgery soon), and local dementia network and DDN website. Occupational Therapists working with patients with mobility issues have been appropriately sign-posting patients.

2.3 Referrals: Self-referrals tend to be most effective. Lorna responds to messages of interest (often via social media from family members, or Link worker referrals), but unless the Carer themselves is wanting this sort of support the enquiry tends to result in signposting elsewhere rather than new group members.

2.4 Waiting List- there is currently no waiting list, and 16-24 people may attend a meeting. New referrals would be welcome, as there are plenty of Volunteers wanting to remain part of the group, who might be willing/able to support a new group to start if needed. An ongoing need is the support of Carers who have been bereaved.

2.5 The summer Newsletter has recently been sent out, keeping all members in touch with group activities, even if they are unable to attend group sessions.

2.6 A varied programme for Autumn/Winter has been devised, with sessions mostly based at Bleachingfield. Volunteers Chris and Beth will hold sessions while Lorna is away on Leave.

3.Finance

3.1 AS circulated July accounts prior to the meeting

3.2 Two donations have been received, and Lorna has sent thanks

3.3 Doners are encouraged to use gift-aid where possible

3.4 Last tranche of Amos Grant needs to be applied for in December 2022

4. Date of next meeting 5pm Thursday 13th October by Zoom.

Diana Greene 12/8/22